

Individual Golf Lessons

Our individual golf lessons contain everything any age or level golfer would need to improve their game. Whether a new beginner golfer trying to hit golf balls for the first time, or a well-versed experienced golfer just trying to minimize that fade or draw, Meadow Lakes Golf Academy provides the right individual golf lesson for both. As difficult as this game is, with the right type of coaching it can be much easier to understand and play.

Individual Lessons Rates

Adults (45 Mins)	\$70	Members	\$85	Non Members
Juniors 11-18 years (45 mins)	\$50	Members	\$65	Non Members
Kids 10-Under (30 Mins)	\$35	Members	\$45	Non Members

Our individual lessons are constructed based on how people, at their different level of ability, learn. Not all lessons are the same, and not all of them result in using the same technological devices. A mixture of providing just enough information, and implementing the right number of changes make up the overall delivery of individual lessons. During our private one on one individual golf lessons we may utilize technologies such as FlightScope X3, K-Motion, BodiTrak and V1 video analysis.

Lesson Packages

3 Lesson Package

Adults (45 Mins)	\$190	Members	\$235	Non Members
Juniors 11-18 years (45 mins)	\$130	Members	\$175	Non Members
Kids 10-Under (30 Mins)	\$85	Members	\$115	Non Members

6 Lesson Package

Adults (45 Mins)	\$350	Members	\$450	Non Members
Juniors 11-18 years (45 mins)	\$240	Members	\$330	Non Members
Kids 10-Under (30 Mins)	\$155	Members	\$215	Non Members

With our holistic approach to teaching the game, and our comprehensive knowledge of the game, we value your learning journey just as much as the final destination.

Our Goal is to help our golfers reach their goals as quickly as possible, but not before they've firmly grasped the fundamental concept that will lead to continued success.

We will offer our golfers a comprehensive program designed to reach the goals of the individual. With your input we will utilize the latest technology:

FlighScope

- X3
- Mevo (on course)
- Focus Band (mental approach training)
- Putting Lab

K-Motion

- K Coach
- K Player
- K Vest

Titleist Performance Institute

- 15 Part physical analysis
- 12 Swing characteristics
- Healthy longevity for your golf game
- Drills and exercises

V1 Swing Analysis

Along with our 50 years of combines experience to customize a program that works for you.

We do offer special arrangements for High School and College Golf Teams please contact the Pro Shop for details.